



**First Annual St. George Ice Breaker Tournament
Feb. 19 and 21, 2011
Blue Grass Sports Complex, Washington, Utah**

Welcome to the First Annual St. George Ice Breaker Tournament. Please read this entire document regarding rules and regulations to ensure a safe and fun experience for your team:

GENERAL

During your experience at this tournament you will see many soccer teams. Don't be confused! The Ice Breaker Lacrosse Tournament is running in conjunction with the Ice Breaker Soccer Tournament. Enjoy your time with fellow athletes and be great ambassadors of the sport of Lacrosse! Many of them have never seen this sport and you will help attract others to play lacrosse!!!

TEAM AND SPECTATOR SET UP

Lacrosse will be designated to field #117(see map for location). All lacrosse games will be played on field #117. Spectators should bring chairs if they choose (no bleachers are on site). Spectators are to set up on the opposite side of the teams (no exceptions). Only coaches, players and scorer's table personnel should be on the "team" side of the field. Teams may set up a small canopy near field #117. Although there are no designated spots for this, please use common sense to set up far enough away from all playing fields to ensure safety. You may be asked to relocate if you are in a dangerous area.

VENDORS

Teams are not allowed to set up vendors of any kind unless authorized and paid for through the tournament administrators. Please see website for details about being a vendor. Lacrosse players are encouraged to check out the soccer vendors for food and goodies!

RULES OF PLAY

2010-2011 NCAA WOMEN'S LACROSSE RULES

<http://www.uslacrosse.org/TopNav2Right/Rule/WomensRules.aspx>

Modified Checking Rule (Youth Lacrosse Rules-Junior League) may be used if agreed on by both coaches. Recommended if many players are new to the sport.

ELIGIBLE PLAYERS

Only players appearing on the team roster will be eligible to play. Players will not be permitted to play up more than two years except for U16-U18 which may be combined for a HS bracket.

CREDENTIALS

The following items are required for player/coaches tournament validation and must be

presented at the team check-in (team check-in is the Friday prior to the tournament from 5:00-9:00PM at the Holiday Inn Express located at:

2450 North Town Center Drive Washington, Utah 84780 (435)986-1313

A-Team roster (include name, jersey #, age and birth date must provide a copy to the tournament).

B-US Utah Comp Soccer, LLC medical release form (Amateur Athletic Waiver and Medical Release) signed by the legal guardians of all participants. These forms can be uploaded on the "Forms Upload" link. Note: US Utah Comp Soccer, LLC provides its own waiver form and cannot accept any other waiver or medical release unless otherwise stated on the individual information page of each tournament listed. US Utah Comp Soccer, LLC carries its own insurance. This coverage extends to all participants, coaches and officials as secondary coverage.

C-Proof of participant's age (birth certificates, passports and or drivers licenses will be accepted as proof of a player's age).

You may also check in on-site at least one hour before your first game, but allow a lot of time to do this because there will be many athletes at this tournament.

OFFICIALS

The tournament officials will be Angie Leedy and Darrell Robison both ULA HS officials. Officials will be treated with the utmost respect by players, coaches and spectators. Any violent, intimidating, aggressive or otherwise negative acts towards the officials at any time or place during this tournament will not be tolerated and may lead to penalty or ejection from the tournament.

EJECTIONS

Any player or team official ejected from a game or suspended by a proper authority is prohibited from being within sight or hearing distance of the field of play during his or her suspension. The following policies will apply for the ICE BREAKER LAX TOURNAMENT.

- 1-Any player, spectator or team official given a red card: (1) point will be deducted for each player or team official ejected. Ejected spectators who refuse to leave will cause their team to lose in a forfeit.
- 2-A player who is ejected (sent off) will not be replaced and will be suspended from the teams next scheduled game. Coaches ejected must be replaced by a qualified coach or assistant coach.
- 3-A player or team official ejected for any type of violent conduct will be suspended from participation in the team's next two scheduled games or ejected from the tournament.
- 4-Any player or team official who assaults an official will be expelled from the tournament.
- 5-Officials will be instructed to not tolerate any type of fighting whatsoever. This includes but is not limited to spitting, striking or attempting to strike another person. Players or team official ejected for fighting will not be permitted to participate in any further tournament games.
- 6-In the event of a fight any player, team official or spectator entering the field of play will be ejected from the tournament. If individuals are unable to be identified, the entire team may be removed from the tournament without refund or compensation of any type.
- 7-Ejections and expulsions will/may be reviewed by the tournament director or acting body that may make the final decision based on the policies as listed.

SUSPENDED GAMES

If an official has deemed it necessary to suspend a game for any reason, the game may be resumed but is subject to end no later than five minutes prior to the next scheduled game. Points will be awarded based on the time played and may not be protested if the game was not played to the full allotted time.

COACHES

All coaches accept full responsibility for the conduct of their players and spectators at all times.

1-Coaches must remain 10 yards of either side of the center half mark.

2-Coaches, players and spectators must not use profanity, derogatory remarks or gestures toward any other official, player, coach or spectator.

3-Home team/coaches shall be to the right of the center half mark and guest team/coaches shall be to the left of the center mark. Spectators of the home team shall be on the opposite side of the field left of the center mark and guest team's spectators shall be on the opposite side of the field right of the center mark.

4-Home team chooses which side of the field they prefer

5-Home team provides the game ball and will be subject to the official's approval

6-Team must come equipped with both a "home" and "away" jersey. The home team is required to change if there is a conflict in colors. Visiting teams are permitted to request home team to change if they feel colors are similar (example: orange/red, dark blue/black). Home teams are obligated to switch to their alternate jersey. Officials will be instructed that any home team unable or unwilling to change will lose in a forfeit or at the official's discretion the official may permit the home team to wear pinnies if alternate jerseys are not available.

7-Coaches are responsible for any litter or garbage on or off the fields. They must ensure that players and spectators have cleared their trash and have put it in the appropriate garbage container.

PLAYER EQUIPMENT

Players are required to wear proper LACROSSE equipment. This includes a regulation crosse, numbered jersey, shorts, shoes, goalie equipment (for goalie), eye guard, and mouth piece.

Players should come with appropriate under clothing to wear in cases of cold or inclement weather. Clothing with zippers, buttons, snaps, loose strings and hoods, are not permitted.

Metal hair clips, earrings, bracelets, or any type of jewelry in any part of the body is not safe nor acceptable during a game. It will be at the official's discretion to determine the safety and suitability of the player's equipment including the wearing of casts and hard braces. A stick and equipment check will be done prior to your first game of the tournament.

SCORER'S TABLE

If possible home team will provide two people to score and time the game. Officials will provide instruction on the process. Please contact David Oka at 801-971-6063 if your team cannot provide this. Thank you for your support on this!

REPORTING SCORES

Immediately after the game, the winning team is responsible for reporting the score to the tournament officials on official score cards. Score will be updated on the www.usucs.com website. Details regarding this will be given to you at the tournament.

TOURNAMENT COMPETITION

GAMES (Each team will be guaranteed a minimum of four games)

25 minute running halves and 5 minute half time. Coaches may decide lesser game times if mutually agreed.

No overtime in preliminary qualifying games

Each team will be guaranteed a minimum of four games. Games will be played in two days Saturday and Monday. Teams can expect two qualifying games on Saturday and one qualifying game on Monday with no Sunday play unless otherwise noted by the tournament. Brackets may or may not have a semi-final game. Generally all final games will be played on Monday.

SCORING, STANDINGS, AND DETERMINING WINNERS

Games will be based on the following point system:

- 6 points for each win
- 2 points for each tie
- 0 points for each loss
- 1 point will be awarded for each goal scored with a maximum of 3 per game
- 1 point for each shutout
- 3 point for a 0-0 tie (2 for the tie and 1 for the shutout)

TIE BREAKERS

Tie breakers to determine which team moves on at the end of bracket play will be based on the following:

- 1-The winner in head to head competition
- 2-Fewest goals against
- 3-Most goals for
- 4-Most total wins
- 5-Most shut-outs

Tie breaking in championship games: At the end of regulation play the teams will go into two 10 minute overtime halves. These games will be determined by first goal, at which time the game will end. If no goal has been scored after the two 10 minute halves, the winner will be determined by free shot on goal from anywhere on the 8 meters. Players must alternate between 12 predetermined players. Coin toss will decide team that goes first. The first team to score three goals wins.

FORFEITS AND BYES

- 1- Teams who fail to check-in at the Mandatory Registration (check-in) will forfeit
- 2- Team which cause a game to be terminated will forfeit
- 3- Teams who fail to report to the field ready to play within five minutes of the scheduled kick-off time will forfeit
- 4-Home teams unable or unwilling to supply an alternate jersey will forfeit
- 5-If a team fails to present player cards by half time will forfeit

Teams with a forfeit will be scored as a 1-0 loss

Team with a BYE will be scored as a 1-0 win

INCLEMENT WEATHER

US Utah Comp Soccer, LLC and Tournament Hosts will make every effort to ensure that teams are able to participate and play in all scheduled games. Games generally will not be cancelled and coaches, players and spectators should come prepared with warm clothing and or any other items they may need to maintain comfort and safety. If the safety to the players along with the safety or damage to the fields is compromised US Utah Comp Soccer, LLC and Tournament Hosts reserve the right to modify all tournament rules in order to safely and fairly end the tournament.

Contingency Plan: (Note: Coaches and team managers should ensure that they have provided

the tournament with current contact information preferably cell phone numbers capable of receiving text messages. Should contingency plans need be taken. Coaches should be prepared to attend a tournament/coaches meeting)

GUEST TEAMS

US Utah Comp Soccer, LLC and Tournament Hosts may accept or invite "Guest Teams" in order to fill a bracket or division. Guest teams will not be permitted to advance out of their bracket. Guest team's outcome will be predetermined at a 1-0 loss thereby awarding the opposing team eight points. US Utah Youth Soccer and Tournament Hosts also reserve the right to combine age groups (within one year) to secure brackets and divisions. This year our Guest Team is the St. George Red Rock Team. Please welcome them to our sport!

DISPUTES

Officials have the jurisdiction of the game and conduct therein for which they are assigned, therefore tournament officials will not overrule an official's decision.

Any dispute off the field of play will be settled by the Tournament Director or designated representative, all decisions will be final.

PROTESTS

Protests will not be permitted in this tournament. US Utah Comp Soccer, LLC and Tournaments host's directors reserves the right to review any issues pertaining to the said tournament but does not guarantee any type of decision or outcome.

Thank You for Participating in the First Annual St. George Ice Breaker Tournament! Please address any questions or comments to letsplaylacrosse@gmail.com

CONTACTS

Mail may be sent to:

P.O. Box 17735

Holladay, Utah 84117

Text questions to: 801-232-1111

Tournament Host:

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Officiating:

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